

I will honor my
parents and do my
part to strengthen
my family.

Doctrine &

Covenants

Section 88:23

I will keep my mind
and body sacred and
pure, and I will not
partake of things that
are harmful to me.

Doctrine &
Covenants
Section 89

I will seek
good friends
and treat others
kindly.

Doctrine &
Covenants
Section 4:6